

# Thermal Behaviour of Valsartan Active Substance and in Pharmaceutical Products

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*TG/DTG and DSC curves provide important information regarding the physical properties of the pharmaceutical compounds (stability, compatibility, polymorphism, kinetic analysis, phase transitions etc). The thermal behaviour of valsartan was studied under dynamic nitrogen atmosphere, in comparison with pharmaceutical products containing the corresponding active substances. Also, the FT-IR spectra and X-ray diffractogram of the same samples were recorded. The main conclusion of this comparative study was that TG / DTG and DSC assays along with FT-IR spectra and X-ray diffractograms provide credible data for differences between active substance and pharmaceutical forms.*

**Keywords:** valsartan, active substance, pharmaceutical product, TG/DTG/DSC, FT-IR, X-ray

One of the most common affections of today's lifestyle is arterial hypertension, one third of the population suffering from this disease [1,2].

Outpatient studies to monitor blood pressure have confirmed that blood pressure depends on the circadian phase. In people with normal blood pressure and uncomplicated essential hypertension, blood pressure drops to the lowest levels during night time sleep, increases steeply in the morning with awakening and reaches peak values during the first hours of diurnal activity. So it is very important to take the antihypertensive drugs [3-6].

Valsartan (S)-3-methyl-2-(N-{[2'-(2H-1,2,3,4-tetrazol-5-yl)biphenyl-4-yl]methyl} pentanamido)butanoic acid has the empirical formula  $C_{24}H_{29}N_5O_3$  and a molecular mass of 435.519 g/mol (fig. 1) [7,8].

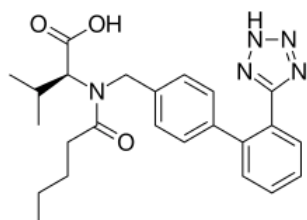


Fig. 1. Chemical structure of Valsartan

Valsartan is a very selective angiotensin II antagonist. It is active orally and acts on the AT<sub>1</sub> receptor subtype [9]. It decreases blood pressure and improves blood flow by relaxing blood vessels. The solubility of valsartan in water is low (0.18 mg / mL) thus having a low oral bioavailability (~ 23%) [10,11].

Valsartan is a drug that is part of the angiotensin receptor blocker class. It works by blocking competitively binding angiotensin to its receptor in blood vessels. Studies have shown that agonist receptor blockers have been shown to be more effective compared to angiotensin converting enzyme inhibitors. Antihypertensive action is enhanced by calcium channel blockers [12-15].

Thermogravimetric analysis is an analytical method that produces rapid and reproducible results. This method is used for quality control of the drug through technological parameters, thus improving the end product. [16-19].

Differential scanning calorimetry is a more and more used method instead of differential thermal analysis. The method is used in identifying and determining the purity of

active substances, but in particular, to evaluate the interaction of the substances from which the drugs are made. This method offers fast efficient results. [20-23].

In our previous research we have demonstrated the importance and utility of thermal analysis methods in predicting thermal stability and compatibility of different active substances with excipients or between them [24-30].

We have done this research because in the literature there are not many studies about thermal behaviour of the active substances compared to the pharmaceutical products containing this active substance. Studies on the compatibility of active substances with excipients are relatively low.

Our goal in this study was to compare the thermal behaviour of the active substance - valsartan with pharmaceuticals. Another goal was to determine accurately the melting point with the differential scanning calorimetry method, which is a criterion for controlling the purity of the substance.

FT-IR spectra and X-ray diffractograms were recorded for the pure substance and the pharmaceutical products to confirm the resulting differences from the TG / DTG and DSC curves of the analysed samples.

## Experimental part

### Materials and methods

The substances examined by thermal analysis, FT-IR spectroscopy and X-ray analysis were valsartan - active substance (V-AS) and two pharmaceutical products (P1, P2)

The active substance was obtained from Polisano Pharma SRL, Romania, lot: VT0020911 as pure compound, able to be used for medical purposes.

The pharmaceuticals (drugs) were commercial products, containing different excipients.

### Thermal analysis

The TG/DTG and DTA curves were recorded using a Netzsch-STA 449 TG/DTA instrument in the temperature range 20-1000 °C, under a dynamic atmosphere of nitrogen (20 mL·min<sup>-1</sup>) and at a heating rate ( $\beta$ ) 10 °C·min<sup>-1</sup>, using platinum crucibles and weighed  $\approx$  20 mg of samples.

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## Fourier transformed infrared spectroscopy (FT-IR) and X-ray diffraction

FT-IR spectra were recorded on a Shimadzu Prestige – 21 apparatus using KBr discs in the range  $4000\text{--}400\text{ cm}^{-1}$ .

X-ray diffraction patterns (XRPD) were obtained with a Rigaku Ultima IV diffractometer ( $\text{Cu}_{K\alpha}$  radiation).

## Results and discussions

### Thermal behaviour

Some of the thermoanalytical curves for the studied compounds, obtained under dynamic temperature conditions at heating rate ( $\beta$ ) of  $10^\circ\text{C}\cdot\text{min}^{-1}$  and a nitrogen atmosphere, are presented in figures 2-4.

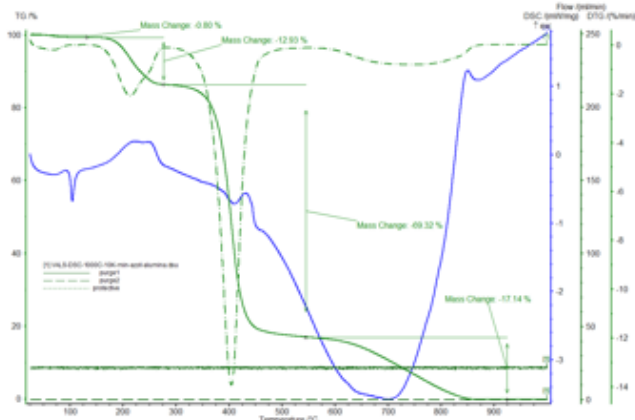


Fig. 2. TG/DTG and DSC curves of V-AS



Fig. 3. TG/DTG and DSC curves of P1

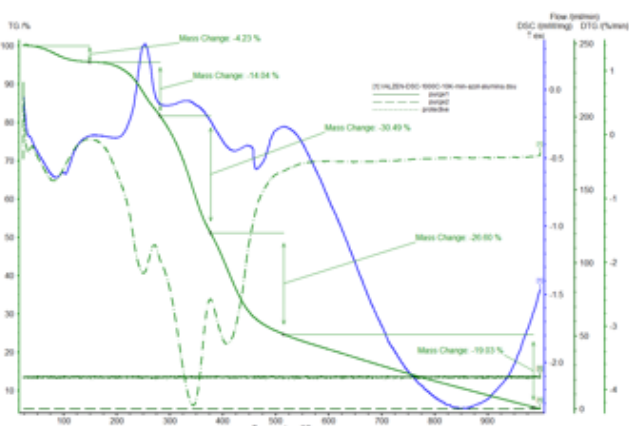


Fig. 4. TG/DTG and DSC curves of P2

According to the TG / DTG curves, V-AS eliminates the absorbed water ( $\Delta m = 1.10\%$ ) between temperatures  $25.0\text{--}131.3^\circ\text{C}$ , with  $T_{\text{peak DTG}} = 70.0^\circ\text{C}$ . On the DSC curve, for the mentioned temperature range there appears an endothermic peak, ascutit, with  $T_{\text{peak DSC}} = 107.5^\circ\text{C}$ , which corresponds to melting.

V-AS is thermally stable up to  $163.0^\circ\text{C}$  when its decomposition begins, which is going on three distinct successive processes.

Between temperatures  $163.0\text{--}273.4^\circ\text{C}$  takes place the first decomposition process, with  $T_{\text{peak DTG}} = 214.8^\circ\text{C}$  and  $\Delta m = 2.80\%$ . This process is accompanied on the DSC curve by a small endothermic peak ( $T_{\text{peak DSC}} = 235.5^\circ\text{C}$ ).

The highest mass loss ( $\Delta m = 68.5\%$ ) occurs in the temperature range  $273.4\text{--}544.4^\circ\text{C}$  ( $T_{\text{peak DTG}} = 403.7^\circ\text{C}$ ). The decomposition process is of endothermic nature, on the DSC curve showing the corresponding peak, relatively small, with  $T_{\text{peak DSC}} = 412.6^\circ\text{C}$ .

The last decomposition process, characterized by a broad decomposition peak on DSC curve and with  $T_{\text{peak DSC}} = 700.0^\circ\text{C}$ , takes place in the temperature range of  $544.4\text{--}870.4^\circ\text{C}$  and  $T_{\text{peak DTG}} = 700.0^\circ\text{C}$ . The mass loss ( $\Delta m$ ) is  $17.6\%$ .

The heating behavior of the pharmaceutical products is relatively different in comparison to the active substance.

The TG/DTG curves of P1 (fig. 3) indicate the presence of four processes that occur during heating.

The first process takes place in the temperature range  $50.0\text{--}129.9^\circ\text{C}$ , with  $T_{\text{peak DTG}} = 70.1^\circ\text{C}$ , and  $\Delta m = 3.80\%$ . This process corresponds to the loss of moisture and water present in excipients such as microcrystalline cellulose, croscarmellose sodique. The process is accompanied by a strong endothermic effect with  $T_{\text{peak DSC}} = 70.1^\circ\text{C}$ , accompanied by a shoulder at  $103.4^\circ\text{C}$ , corresponding to the melting process.

The next process is in the range of  $129.9\text{--}275.0^\circ\text{C}$ , with  $T_{\text{peak DTG}} = 207.5^\circ\text{C}$  and  $\Delta m = 8.4\%$ . In this process, water is removed from lactose monohydrate and thermal decomposition begins: AS and excipients. The nature of the processes that occur from the thermal point of view is complex. This is due to the presence of the excipients, but also to their possible interactions with the active substance. Thus, on the DSC curve there appears a small endothermic peak, with  $T_{\text{peak DSC}} = 225.0^\circ\text{C}$ , followed by an exothermic peak with  $T_{\text{peak DSC}} = 252.2^\circ\text{C}$ .

The decomposition process with the highest mass loss  $\Delta m = 64\%$  occurs in the temperature range  $275.0\text{--}525.0^\circ\text{C}$ ,  $T_{\text{peak DTG}} = 359.7^\circ\text{C}$ , accompanied by a shoulder at  $403.7^\circ\text{C}$ . The complex nature of the decomposition process is supported by the presence of the four peaks on the DSC curve. The first, small, endothermic type with  $T_{\text{peak DSC}} = 300.0^\circ\text{C}$  is followed by a higher endothermic peak, with  $T_{\text{peak DSC}} = 354.5^\circ\text{C}$ . The third, exothermic nature is the highest heat effect, and  $T_{\text{peak DSC}} = 394.0^\circ\text{C}$ . Fourth peak, with  $T_{\text{peak DSC}} = 434.3^\circ\text{C}$  is a bit sharp, of endothermic nature.

Thermal decomposition continues over a wider temperature range,  $525.0\text{--}970.1^\circ\text{C}$ , with a peak DTG wide and  $T_{\text{peak DTG}} = 751.8^\circ\text{C}$ , and mass loss is  $\Delta m = 23.8\%$ . The complexity of the decomposition process is supported by the presence of two endothermic peaks on the DSC curve, with  $T_{\text{peak DSC}} = 561.2^\circ\text{C}$ , respectively  $T_{\text{peak DSC}} = 892.6^\circ\text{C}$ .

Similarly, the thermal decomposition of P2 is a complex one.

The TG/DTG curves (fig. 4) show a first mass loss ( $\Delta m = 4.90\%$ ) in the temperature range  $25.0\text{--}150.0^\circ\text{C}$ , with  $T_{\text{peak DTG}} = 85.2^\circ\text{C}$ . The mass loss corresponds to the water absorbed and excipient water (especially microcrystalline cellulose). The DSC curve shows an endothermic peak ( $T_{\text{peak DSC}} = 92.6^\circ\text{C}$ ), accompanied by another endothermic peak (shoulder) with  $T_{\text{peak DSC}} = 103.6^\circ\text{C}$  and which corresponds to melting.

The next four stages of decomposition are difficult to delimit on the TG curve. In a first stage, corresponding to the temperature range  $150.0\text{--}268.1^\circ\text{C}$ , with  $T_{\text{peak DTG}} = 250.0^\circ\text{C}$  and  $\Delta m = 13.8\%$ , thermal decomposition begins, as well as the elimination of water from lactose monohydrate. Two peaks appear on the DSC curve: one endothermic,

V-AS	P1	P2	Assignment
3426 w	3424 w	3416 w	$\nu_{OH}(COOH)$ ; $\nu_{NH}(N-H)$
2965-2874-2745-2616 m	2963-2922-2874 i-m	2963-2922-2872 m	$\nu_{asym}C-H(CH_3;CH_2)$ $\nu_{sym}C-H(CH_3;CH_2)$
1732 m	1734 m	1726 m	$\nu C=O$
1603 i	1603 i	1645 ; 1607 i	$\nu C=N$ ; $\nu C=O$
1470 m ; 1410 m	1468 m ; 1414 m	1466 m ; 1420 m	$\nu_{asym}COO$ ; $\nu_{sym}COO$ ; $\nu N=N$
1274 m; 1206 m; 1165 m	1275 m; 1206 m; 1163 m	1277 m; 1206 m; 1167 m	$\nu C-N$ ; $\delta_{asym}CH_3;CH_2;CH$ $\delta_{sym}CH_3;CH_2;CH$
1105 w; 1057 w	1107 w; 1059 w	1105 w; 1057 w	$\nu C-O$ ; $\nu C-C-O$ ; $\nu C-O(=O)-O$ in p. C-H bend
997 w ; 939 w	999 w ; 939 w	999 m	o.p. C-H bend
853 w ; 816 w	853 w ; 816 w	851 w ; 816 w	$\nu Si-O$ ; o.p. C-H (ring)
758 m	758 m	758 m	o.p. C-H bend
677 w	677 w	669 w	o.p. (ring) C=C bend o.p. N-H bend o.p. O-H bend
563 w ; 515 w	561 w ; 519 w	561 w ; 519 w	o.p. C-H benzene substituted

**Table 1**  
THE MAIN  
ABSORPTION BANDS  
( $cm^{-1}$ ) FOR THE  
STUDIED  
COMPOUNDS

relatively small, with  $T_{peak DSC} = 200.0^{\circ}C$  and one exothermic, more pronounced, with  $T_{peak DSC} = 256.2^{\circ}C$ .

The following process, is in the temperature range  $268.1 - 381.5^{\circ}C$  and  $T_{peak DTG} = 348.7^{\circ}C$ , shows the highest mass loss ( $\Delta m = 30.0\%$ ). The process is of an endothermic nature, with  $T_{peak DSC} = 300.0^{\circ}C$ .

The decomposition continues, with successive and/or concurrent processes. In the temperature range of  $381.5 - 514.8^{\circ}C$ , with  $T_{peak DTG} = 408.2^{\circ}C$ , a mass loss of 26.5% occurs. The DSC curve shows two endothermic peaks: the first relative small with  $T_{peak DSC} = 425.0^{\circ}C$ , respectively the second with  $T_{peak DSC} = 465.7^{\circ}C$ .

The last decomposition step corresponds to a mass loss of 24.8%, and the final residue mass is zero. This occurs in the temperature range of  $514.8-1000.0^{\circ}C$  and is accompanied by DSC curves of a strong endothermic effect with  $T_{peak DSC} = 850.0^{\circ}C$ .

### Spectroscopy FT-IR

FT-IR spectroscopy is a very common technique used to determine possible interactions between active substance and excipients. Its role is to confirm the results obtained by thermal analysis. One of the reasons why it is increasingly used in drug analysis is that during the preparation of samples, the analyte does not undergo mechanical or thermal changes.

The proof of the interaction between substances can be demonstrated highlighting the differences between the FT-IR spectra, may it be with the appearance or disappearance of new absorption bands or the increasing or decreasing in intensity.

The FT-IR spectra are presented in figure 5 and the main absorption bands are summarized in table 1.

The main differences resulting from comparing the spectrum of V-AS with the spectra of P1 and P2 are presented below, as follow:

- the broadening and the increase ( $\approx 15\%$  for P1 and P2) of the bands from the region  $3600-3200\text{ cm}^{-1}$ , attributed to the NH group present in the V-AS molecule, respectively to the OH group present in the V-AS molecule (carboxyl group) as well as in the excipients: starch, microcrystalline cellulose, lactose monohydrate, croscarmellose;
- the increase ( $\approx 10\%$  for P1), respectively the decrease ( $\approx 15\%$  for P2) of the intensity for the three bands from the region  $3200 - 2400\text{ cm}^{-1}$  that correspond to the methylene, respectively methyl group from V-AS as well as the excipients: microcrystalline cellulose, lactose monohydrate, croscarmellose, crospovidone, magnesium stearate;
- the increase ( $\approx 6\%$  for P1), respectively the decrease ( $\approx 8\%$  for P2) of the intensity for the band ( $\approx 1730\text{ cm}^{-1}$ ) which represents the carbonyl vibration band from V-AS as well as the excipients: crospovidone, magnesium stearate;

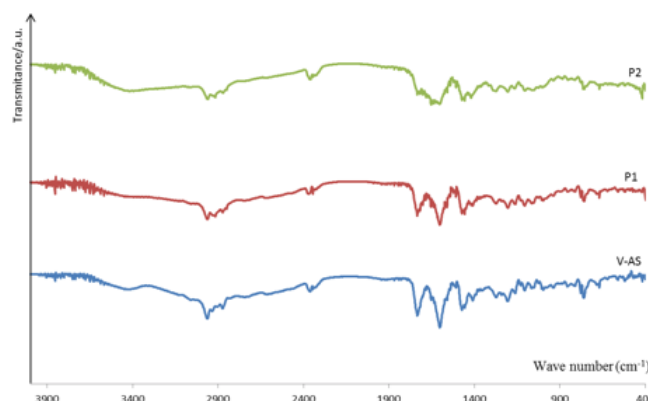


Fig. 5 FT-IR spectra

- the increase ( $\approx 4\%$  for P1), respectively the decrease ( $\approx 10\%$  for P2) for the most intense band ( $1603\text{ cm}^{-1}$ ) which represents the vibration band of the groups  $C=N$  and  $C=C$  from V-AS as well as the excipients: crospovidone. For P2 the band appears with one shoulder at  $1645\text{ cm}^{-1}$ ;
- the increase ( $\approx 13\%$  for P1 and  $\approx 9\%$  for P2) of the intensity for the two bands from region  $1470-1410\text{ cm}^{-1}$  that correspond to the COO (asymmetric, respectively symmetric) vibrations, respectively C-C ring stretching and  $N=N$  vibrations from V-AS as well as the excipients;
- the increase ( $\approx 12-16\%$ ) of the intensity for the three bands from the region  $1280 - 1160\text{ cm}^{-1}$  that correspond to the methyn, methylene, methyl and C-N vibrations from V-AS as well as the excipients;
- the significant increase ( $\approx 20\%$ ) of the intensity for the four bands from the region  $1105 - 940\text{ cm}^{-1}$  that correspond to the C-O and C-C vibrations, respectively in p. and o.p. C-H band from V-AS as well as the excipients;
- the increasing ( $\approx 10\%$ ) of the intensity for the three bands from the region  $853 - 758\text{ cm}^{-1}$  that correspond to the vibrations of Si-O, o. p. C-H (ring) and o.p. C-H band from V-AS as well as the excipients;
- the increasing ( $\approx 15\%$ ) of the intensity of band from the region  $669 - 677\text{ cm}^{-1}$  that correspond to the vibrations of o. p. (ring) C-H band, o.p. N-H band and o.p. O-H band from V-AS as well as the excipients.

According to the differences that have been presented, the studied compounds may be considered to have a different composition.

### X-ray analysis

In addition to the thermal method and FT-IR spectroscopy, X-ray powder diffraction was used in this study.

The emergence of new lines or the disappearance of diffractogram lines from the V-AS diffractogram,



Valsartan		P1		P2	
2teta	I%	2teta	I%	2teta	I%
		13.00	27.71		
		13.80	37.82	13.74	37.18
14.74	70.45	14.57	38.84	14.78	50.16
				16.85	45.37
17.45	67.61				
18.84	73.92				
				19.25	66.00
19.78	81.37	19.58	40.93	19.73	64.19
20.31	80.46	20.38	57.22	20.35	66.21
21.69	100	21.35	80.64		
		22.41	100	22.12	100
				23.41	59.34
		24.78	25.46		
26.58	43.12				

**Table 2**  
X-RAY DIFFRACTIO DATA FOR  
V-AS, RESPECTIVELY P1 AND P2

respectively the change in intensity for certain lines, represent the differences between the studied compounds.

The X-ray diffraction data for the studied compounds are presented in table 2.

From the data presented in table 2, in case of pharmaceutical products can be observed that all the spectral lines have lower intensity, coupled with a small shift of all this lines at higher or lower diffraction angles. Simultaneously, it was observed the appearance of new lines, respectively the disappearance of some of the diffraction lines of higher and moderate intensities from V-AS.

These differences indicate a different composition between V-AS, respectively pharmaceuticals correspondent P1 and P2, as well as the possible interaction of V-AS with excipients at room temperature, which could increase with the increased temperature

## Conclusions

The thermal stability of V-AS, respectively of the pharmaceutical products correspondents: P1 and P2, and indirectly the compatibility of V-AS with different excipients was studied by the thermal methods of analysis, the FT-IR spectroscopy and X-ray diffraction patterns.

The results confirmed that thermal analysis is an effective and reliable technique in the stability and compatibility studies of drug-excipient mixtures. Moreover, the DSC technique offers significant advantages, so that it is considered as a fast screening tool for drug-excipient interaction in preservation period.

The changes in the profile of thermoanalytical curves (TG/DTG and DSC) in the case of pharmaceutical compounds indicate the production of some interactions as a function of heating.

Because, the presence of solid-solid interaction does not necessary indicate pharmaceutical incompatibility, other analytical techniques were also used, such as FT-IR and XRPD, which can help in the interpretation of thermal results generally, respectively of DSC results particularly, in order to confirm the changes observed in drug-excipients curves.

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Manuscript received: 12.10.2016